



## DAY 3

### Something for you to read

God makes a promise.

The earth was covered with water for a long time. Finally, the water went away enough for the bottom of the ark to rest on a mountain. The earth began to dry up. Noah and his family and all the animals stayed on the ark for many days. When the earth was dry enough, God told Noah to come out of the ark. Noah's family must have been so excited! The animals must have been very excited, too. It had been a long time since they had been able to run and climb and leap on dry ground. After he let all the animals out of the ark, Noah built an altar, a special place to worship God. Noah thanked God for keeping his family safe during the flood. God was happy to hear Noah praying. He promised Noah that He would never again destroy all living things with a flood. God put a rainbow in the sky to remind everyone of His promise.

From The Bible - Genesis 8:1—9:17



Something for you to colour



## Something for you to make

Take some photos of what you make and let us all see. Upload the pictures to:  
<https://www.facebook.com/groups/987749665078014> (Light Up 2020)

### 1. Make a Rainbow with 3 things



What you will need:

- A glass of water
- A sheet of white paper
- A sunny day!! or a torch

Instructions on how to make the rainbow:

1. Fill the glass almost to the top with water.
2. If you are using sunlight, place the glass so that it is half on and half off the edge of a table, and so that the sun shines directly through the water, onto a sheet of white paper on the floor.
3. Adjust the paper and the glass until a rainbow forms on the paper.
4. If you are using a torch, place the glass of water on the white piece of paper, and move the torch around until you see a rainbow on the piece of paper.

How does this work?

Light is made up of many colours, and when it passes through water, it is broken up into the other colours seen in a rainbow.

### 2. Create a Rainbow

- a) You could use paints, colouring pencils or crayons to draw a rainbow.
- b) Use coloured paper cut into small pieces to make a mosaic rainbow.
- c) If it's a nice day and you have coloured chalks, why not draw your rainbow outside on a pavement or patio?
- d) Find objects around the house in the rainbow colours and group them together to make a rainbow.

### 3. Learn a rhyme or make up a song to remember the colours of the rainbow

Red  
Orange  
Yellow  
Green  
Blue  
Indigo  
Violet

Here's one to start you off:

Richard Of York Gave Battle In Vain



## 4. Make Rainbow Bubbles

What you will need:

- An empty clear bottle
- Washing up liquid
- Water
- A sink
- An overcast day (works best)

How to make the Rainbow Bubbles!

1. Fill the bottle about three quarters full with water
2. Add a squirt (no science in the size of squirt!!) of washing up liquid
3. Quickly tip the bottle and pour the water out fast
4. You will find that the bottle is left full of bubbles
5. These will look clear and normal to begin with but place the bottle on a windowsill and wait and watch over the next 30 seconds.
6. You will find that the bubbles will start to show signs of colour that will get stronger and stronger and that each bubble will look like it has been coloured like a rainbow!

## 5. Make Salt Dough Rainbows

Recipe for Salt Dough:

1 cup plain flour (approx. 250g)

½ cup table salt (approx. 125g)

½ cup water (approx. 125ml)



1. Preheat the oven on the lowest setting
2. Mix the flour and salt together in a bowl
3. Add the water until a "dough" ball is formed
4. Roll out the dough and mould into the shapes required – if you want to hang the rainbow, make a hole in the top of the model at this stage
5. Place dough shapes on a lined baking tray and bake for approx. 3 hours or until the dough is solid
6. Leave the models to cool
7. Paint, thread a ribbon through the formed hole and display!!

