



DAY 5

Something for you to read

Over this week, we have looked at different at different types of lights. Today we are going to think about how we can be “light” to help other people.

People often asked Jesus questions. One day a man came to Jesus “ I know we must love God” he said, “and I know that God wants us to take care of other people too. But who does he want us to help? Is it our friends? Or the people we know?” Then, Jesus told this story:

Once upon a time, a man was walking down a lonely road. All of a sudden, some big, bad robbers jumped out at him. “Help! Help!” cried the man – but there was no one to hear him. The robbers hit the man and injured him badly. Then they took all his money and ran away.

He was left at the side of the road. He groaned in pain. He hurt all over and could not get up.

Then he heard footsteps. Nearer and nearer the footsteps came. “Help at last” thought the man. But the footsteps went on by. Someone had seen him but not come to help him.

He groaned again. He really hurt all over and the sun was so hot on him. A long time passed. Then he heard footsteps again. Nearer and nearer the footsteps came. “Help at last”, thought the man. But the footsteps went on by. Someone else had seen him, but they too had not come to help. The man was feeling worse and worse.

It was getting late when he heard the sound of hoofs clip clopping along the road. Someone was coming down the road on a donkey. This was a man from another country, an enemy country. But when he saw the man who was hurt, he stopped and got off his donkey. “He’s hurt and needs help” he thought.

He cleaned the mans cuts and put on bandages. Then he lifted the man carefully onto his donkey. Further along the road they came to an inn (hotel). “This poor man has been hurt by some robbers and they have run off with all his money” the man told the inn-keeper.

“We must take good care of him – I will pay for you to take care of him until he is well enough. If it costs more, I will pay you when I come back this way”.

Jesus asked the man “Tell me, which of the people in the story did as God wanted?” “The one who was kind and helped the man who was hurt”, said the man. “Then be like him”, said Jesus. “Be kind to whoever needs your help, not just your friends, not just the people you know, but anyone”.



Something for you to colour



Your Turn to Draw

Now it's your turn.... Draw a picture of how you might show "light" to others – being kind, being truthful, caring, loving, being a good friend, making good choices.

Don't forget to take a photo of what you have done and upload it to Light Up 2020 Facebook Group so that we can all see.



Something for you to make/do

Take some photos of what you make and let us all see. Upload the pictures to:
<https://www.facebook.com/groups/987749665078014> (Light Up 2020)

1. Choose a week to be kind

Here are some suggestions of things you could do each day to show that you care and to be kind. You might be able to think of other things to add too.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Give a book away to a friend for them to read	Sort through your toys or clothes and give some away to a charity or to a toy appeal	Clean your room without being asked	Make someone a card to tell them how much you love them	Give someone a compliment when they are least expecting it	Send a letter to or phone someone up - someone you miss	Leave some messages hidden around the house telling someone how much you love

2. Make a bird feeder

It is good to be kind to the birds and animals too. Why not start with a simple bird feeder but then think of other things you can do. Here are a couple of possible ways of making the bird feeder with items you may have in the house already!

Pine Cone Bird Feeder

1. Go for a walk and collect a few pine cones and tie strings to the top of them.
2. Using a butter knife, spread peanut butter or cooking lard all over the surface of the pine cone.
3. Roll the pine cone through a bowl of birdseed.
4. Hang the pine cone from a high surface, such as a tree or a porch.

Bagel Bird Feeder

This one uses a stale bagel, so it's great if you have leftovers

1. Cut the bagel in half lengthwise and secure it with a string or ribbon through the hole.
2. Spread either peanut butter or cooking fat over the bagel.
3. Roll it through birdseed.
4. Hang the bagel in the garden.



Cereal Bird Feeder

1. Take a length of string and tie a BIG knot at the end.
2. Thread circle-shaped cereal, such as Cheerios, onto the string.
3. Once the string is full, tie the ends together and secure it to a tree or porch.

Toilet Paper Roll Bird Feeder

Start saving your empty toilet rolls and paper towel rolls. This is a great recycling project to teach kids about reusable materials.

1. Run a long piece of string through an empty toilet paper roll and tie together at the ends.
2. Smear peanut butter or lard all over the surface of the roll.
3. Roll it through birdseed and hang your toilet paper roll bird feeder for all to see!

3. Make Kindness Rocks

You will need:

Smooth rocks – collect from the garden, beach or buy from a local store

Paint or good marker pens

Instructions:

Paint the rocks and leave to dry or leave them in their natural state and write a message on with the marker pen
– decorate with stick on gems etc

Once dry, write a message on each of the rocks such as: "you are fun", "you make me smile", "I love you", "you are special" etc

Talk to your children about who they might choose to gift the rock to and then help them to do that once complete



4. Make Bookmarks



You will need:

Strips of card/paper (approx. 5cm x 20cm)

Hole Punch

Ribbon

Colouring pens, stamps, stick on gems or other crafty bits!

Instructions:

Decorate the bookmarks

Punch a hole through the top and thread with the ribbon

Write on messages of kindness

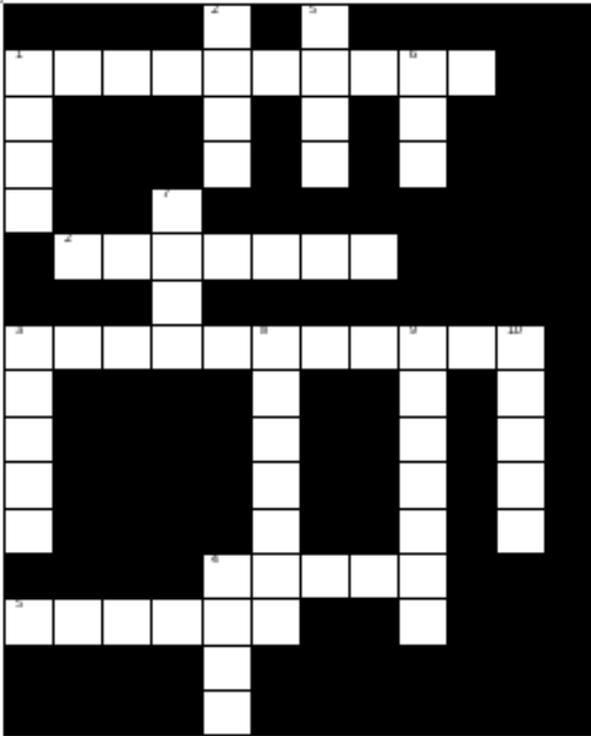
Talk to your children about who they would like to give the bookmark too and help them to do so once the bookmark is complete



Light Puzzles

Day 5

LIGHT CROSSWORD



ACROSS

1. A building giving a warning light to boats at sea
2. A promise from God that the earth will never be flooded again created by light and water
3. Lighting the way for cars at night on our roads
4. A strong, dazzling light or an angry stare!
5. Made of wax and lit to give light to celebrate or to remember

DOWN

1. Aladdin had one of these which produced a Genie
2. Seen in the night sky by the thousand
3. To send out or to reflect light
4. To produce a continuous light
5. Visible in the night sky as light reflected from the sun
6. Day time natural light
7. light created when something burns
8. _____ little star
9. to shine by reflecting light from a wet or smooth surface
10. used by many when camping to see the way in the dark

Light Word Search

T	L	I	G	H	T	R	P	M	A	L
H	A	J	E	S	A	O	U	S	I	Q
G	N	C	A	T	M	E	R	G	Q	T
I	T	E	S	E	N	I	H	C	X	H
L	E	B	U	Z	Z	T	T	O	H	G
C	R	Q	N	Q	H	B	E	X	Q	I
I	N	X	N	O	O	M	N	Q	Y	L
F	L	I	U	G	H	I	T	R	Q	T
F	Q	S	I	N	K	Q	I	Q	X	E
A	E	B	Q	P	C	A	N	D	L	E
R	X	L	M	Q	F	T	H	E	Q	R
T	Q	U	T	H	G	I	L	A	E	T
X	P	B	W	O	R	L	D	Q	X	S

BULB
BUZZ

CANDLE
CHINESE

FAIRY

LAMP
LANTERN
LIGHT
LIGHT HOUSE

MOON

PUMPKIN

STAR
STREET LIGHT
SUN

TEA LIGHT
TORCH
TRAFFIC LIGHT

Find all the hidden words, then remove all the Q's and X's to find the hidden message
Write it below:

